

EARTHQUAKE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE

Tips to remember during an earthquake

At School or Office



Stay away from bookshelves and windows, and hide under the table.

In an Elevator



Press the buttons for all floors and step out of the elevator as soon as the door opens.

At Mall or Store



Follow the instructions of the staff.

On a Bus or Train



Follow the instructions of the staff, and refrain from rushing out of the door.

While driving



Pull over to the side of the road, stop the engine and leave the vehicle without pulling the key out of the ignition.

Near a Building



Stay away from the building or anything that may collapse or fall down.

Near the Sea



Run away from the sea to higher ground to avoid tsunami.

Near a Mountain



Evacuate to a safe place as a mountain or a cliff may collapse.

HELPLINE **(9)** 112





National Disaster Risk Reduction Communication Toolkit

When you are safe, volunteer in rescue operations